

# Give it a Go Programme Spring 2023



# Welcome to the Give it a Go Programme!

This is your guide to the Students' Union's upcoming events, along with sports club and society activities and weekly sessions.

## You Students' Union is here to -

- Create equal opportunities for you to get involved with activities at Surrey and support your personal growth and development.
- Bring you closer to other students and help make Surrey your home away from home.
- Act on your opinions, lead on democracy, and ensure national representation for Surrey students
- Support your academic journey, as well as your mental and physical wellbeing while at Surrey.

Your Union is led by a team of elected student officers called Sabbs. Find out more about the team and what the Union does at [ussu.co.uk](https://ussu.co.uk)



Cameron Tooke  
VP Activity



Jo Yau  
VP Community



Diana Dakik  
President



Oriana Savvidi  
VP Support



Megan Simmons  
VP Voice



Try a new sport at...

# ACTIVE REFRESHERS 2023

Sunday 12th February at Surrey Sports Park



[Find out more about Active ReFreshers Here](#)

## JOIN US AT REFRESHERS' FAIR

Tuesday 14 February | The Marquee | 9am - 5pm

Discover  
Sports Clubs  
& Societies

Meet new  
people and  
try new  
things

Find out  
more about  
the Students'  
Union

Welcome to Freshers' Fair 

Join us at ReFreshers Fair! Meet and sign up to Sports Clubs & Societies; discover volunteering opportunities; or just meet the team and pick up freebies!

[Register here for ReFreshers Fair \(Quiet Hours\)](#)

[Register here for ReFreshers Fair \(Standard Hours\)](#)

# Union Activities and Campaigns

## Semester 2 Calendar

LGBT+ History Month throughout February  
Kelly's Guildford 10K 11 February  
Surrey Decides Nominations Open, 6 to 15 February  
ReFreshers Fair, 14 February  
One World Week, 20 to 24 February  
Student Voice Forum, 23 February  
Question Time Nights, 26 to 28 February  
SHAG DAY, 21 February  
Green Monday, 27 February  
Women's History Month throughout March  
Surrey Decides Voting Opens, 28 February to 4 March  
Surrey Decides Results Announced , 4 March  
No More Week, 6 March to 10 March  
Holi, 8 March  
Mini Wellbeing Week, 13 to 17 March  
SHAG DAY, 14 March  
Univision, 19 March  
Wellfair, 16 March  
Varsity, 22 March  
RAG Week, 27 to 31 March  
Sustainability Campaign Week, 24 to 30 April  
Strictly Come Surrey, 30 April  
Student Voice Forum, 4 May  
Union Ball, 5 May  
Colours Ball, 6 May  
EmployableMe Week, 8 to 12 May  
Annual Members Meeting (AMM), 10 May  
Dont Worry Surrey, 15 May - 9 June



Pride Month throughout June

## **Surrey Decides**

**6 February to 4 March**

Our student election is SurreyDecides, the largest democratic event of its kind, when all the Union Officers are elected by a vote that takes place every year. SurreyDecides is your opportunity to stand out from the crowd and become a student leader, no matter what stage you are in your studies or your previous experiences – any student can take part.

[ussu.co.uk/surreydecides](http://ussu.co.uk/surreydecides)



## **One World Week**

**20 to 24 February**

Join us in celebrating the diverse cultures that make up our University community. There will be stalls showcasing everything from food to music and traditional dress at One World Exhibition, and stunning dancing and performances at One World Gala, as well as many other events demonstrating everything Surrey has to offer.

[ussu.co.uk/community](http://ussu.co.uk/community)



## **Varsity**

**22 March**

Varsity is Team Surrey's annual competition with local University Royal Holloway. This year it will be held here at Surrey at Surrey Sports Park. Students from across a number of sports clubs and societies compete in a series of matches, which in turn equate to points. At the end the University with the most points wins the tournament!

[ussu.co.uk/community/varsity](http://ussu.co.uk/community/varsity)



# Sports Club and Society Activities

## Salsa Society

### Salsa and Bachata Lesson

**07 February 2023 18.15 University hall**

Weekly salsa and bachata lessons for all levels.

## No Wave

### Weekly Socials

**07 February 2023 20.00 to 23.00 Wates House**

Weekly meetups with members to chill and listen to our collaborative playlist.

[discord.gg/YkHGubRXuq](https://discord.gg/YkHGubRXuq)

## MADSoc

### Weekly sessions

**07 February 2023 18.00 to 20.00 12A TB 00**

Our weekly improv sessions.

## Sound Designers

### Weekly Meeting

**07 February 2023 18.00 to 20.00 02 AC 02 (Maclabs)**

In our weekly meetings we talk all about sound design for digital media, practise recording with our gear, learn and socialise! So come by, we are a friendly and open bunch!

[instagram.com/surrey.sounddesigners](https://instagram.com/surrey.sounddesigners)

## Trampoline

### Regular Wednesday Training

**08 February 2023 17.00 Arena C**

Regular training, every Wednesday.

## Snowsports

### Freestyle

**09 February 2023 17.30 Pick Up - The Front Room**

#### Location: Hemel Hempstead Snow Centre

Freestyle - for any skiers/snowboarders that fancy giving some tricks a try! No prior freestyle experience is needed, all we ask is that you can ski a blue run.

[fb.me/e/2IGv8fXsq](https://fb.me/e/2IGv8fXsq)

## Snowsports

### Race Training

**07 February 2023 12.30 Pick Up at Front Room**

#### Location: Chatham Ski and Snowboard Centre

Racing - for skiers/snowboarders that love skiing fast! Session comes with coaching from race coaches, and all equipment is required. We just ask that you can ski a red run!

[fb.me/e/302ZtTtLS](https://fb.me/e/302ZtTtLS)

## Snowsports

### Wednesday Social

**08 February 2023 20.45 Beckingham Road**

Social Wednesday - no theme, just whatever makes you happy! Come along to see what Snowsports is all about!

[fb.me/e/2zpJeM6gi](https://fb.me/e/2zpJeM6gi)

## GameSoc

### Tabletop Games

**08 February 2023 17:00 LTA and LTB**

We'll have board games, Warhammer, Magic the Gathering and Dungeons and Dragons running. Come along if you have plenty of experience or none whatsoever!

[discord.gg/CXFrjBMy29](https://discord.gg/CXFrjBMy29) (You can't join whilst connected to Eduroam)

## StagTV

### First Semester 2 StagTV meeting

**09 February 2023 1830 StagTV Office (Student Media Hub)**

Semester 1 is over, roll on semester 2! We've got a lot of exciting events planned for StagTV, including fun socials, funny skit shoots, sensational livestreams and more.

## Uni of Surrey Voices

Learn a song with us!

**09 February 2023 18.00 To be confirmed**

We are a fun, contemporary enthusiastic choir singing pop and acapella music! All abilities are welcome.

[Instagram: @uniofsurreyvoices](https://www.instagram.com/uniofsurreyvoices)

## Surrey Video Gaming Society

### Weekly Meetup

**09 February 2023 18.00 to 21.00 The Basement**

Our main weekly sessions feature all of our consoles (Xbox One, PS5, Switch), VR setup, board games, and plenty of chat that is sometimes actually related to video games.

[ussu.co.uk/SurreyVideoGamesSociety/events](https://ussu.co.uk/SurreyVideoGamesSociety/events)



## **Surrey Video Gaming Society**

### **Weekly Smash Bro's Session**

**09 February 2023    18.00 to 21.00    IFH 01**

Our best players come together each week to practice for tournaments and competitions across the UK. From beginner to veteran any level of player is welcome.

[ussu.co.uk/SurreyVideoGamesSociety/events](https://ussu.co.uk/SurreyVideoGamesSociety/events)

## **StagTV**

### **"The Knews Today" Skit Shoot**

**11 February 2023    To be confirmed    07AC01**

We're filming a comedy news skit for the StagTV YouTube channel in the brand new University TV Studio (time of shoot TBC)! You can get involved in front of or behind the camera so come along and get involved in the magic of The Knews Today!

## **University of Surrey Hockey Club**

### **Reactive Freshers**

**12 February 2023    12.00 to 14.00    SSP - AGP 2**

Come along and try hockey. Join our informal training session for the whole 2 hours or just 2 minutes.

[Instagram @UOSHC](https://www.instagram.com/UOSHC)

## **Mixed Martial Arts**

### **Active Refreshers 2023**

**12 February 2023    14.00 to 15.30    SSP Studio A and B**

Free taster session where everyone is welcome! If you're interested in MMA or just want to try something new in a fun and friendly environment then come along!

[instagram.com/p/CnklUBYpNU8/?igshid=YmMyMTA2M2Y=](https://www.instagram.com/p/CnklUBYpNU8/?igshid=YmMyMTA2M2Y=)

## Tennis

### Social Sunday

**12 February 2023    15.00 to 17.00    Courts 3-8**

Every Sunday the tennis club runs a social session open to everyone. This is a great way to learn how to play the sport if you are a beginner, or play with no commitment to a team.

[Instagram @surreyunitennis](#)

## Japanese Society

### Japanese Society Meet and Greet 2

**13 February 2023    To be confirmed    To be confirmed**

Come and join our first event of Semester 2 and meet new people! There will be fun games and free snacks.

## Dodgeball

### Social Session

**15 February 2023    18.00    University Hall**

Come and give dodgeball a try! Our social sessions run on Wednesdays 6pm-8pm and Fridays 6pm-7pm, anyone of any ability is welcome- it doesn't matter if you've never played before, we will teach you the rules and it's very easy to understand.

[Instagram.com/uosdodgeball](#)

## Poker Society

### Poker Night!

**16 February 2023    18.30    32MS01**

Welcoming new students/players at the Poker Society! For the first game after Fresher's fair, we will hold an learning table to teach new players how to play (for free, obviously!)

[Instagram.com/ussupoker](#)

## **Touch Rugby**

### **Introductory Session**

**16 February 2023    18.00 to 19.30    AGP1**

Introduction session to try out touch rugby.

[Instagram.com/usrfctouch/](https://www.instagram.com/usrfctouch/)

## **Japanese Society**

### **Japanese Language Sessions**

**20 February 2023    To be confirmed    To be confirmed**

Ever wanted to learn Japanese? Come along to our language sessions - beginner friendly!

## **StagTV**

### **Surrey Decides Question Time**

**25 February 2023    To be confirmed    To be confirmed**

We will be live-streaming the Surrey Decides Question Time debates from 26th to 28th February. With the help of Stage Crew, we will be rigging and setting up staging, lighting, cameras, sound and cabling before going live each night, with many different roles to take part in behind the scenes.

## **Japanese Society**

### **Japanese Society Takoyaki Night 2**

**06 March 2023    To be confirmed    The Basement**

Have you ever had Takoyaki? If you haven't, this is the great time to try it out. Join our Takoyaki Night with your friends!

## **Japanese Society**

### **Japanese Society Karaoke**

**27 March 2023      To be confirmed      To be confirmed**

Come along to our karaoke night and sing your heart out!

## **Christian Union**

### **Events Week**

**27 March 2023      To be confirmed      Front Room (SU)**

A week long of afternoon and evening talks where we will be giving talks about the story of different elements in the bible (such as hope). There will be tea and coffee provided throughout the day, and various dinners provided for the evening talks.

## **MaDSoc**

### **Summer Showcase**

**06 June 2023 19.30 - 21.30 The Lake**

A showcase of performances!

## **Running and Athletics**

### **Monday Runday**

**Mondays      18.30      Simply Fresh**

A great opportunity to run with others around Guildford every Monday on our social run exploring the area with runners of all abilities. The routes are picked by our Run Leaders and we have multiple groups ranging from walking and jogging to 5 min/km.

## **Running and Athletics**

### **Track session with GGAC**

**Tuesdays 18.00 to 19.00 or 19.00 to 20.00**

Track session with GGAC - Join in at the local athletics club with GGAC coach led sessions. Whether you're a sprinter, long distance or field athlete, you'll be sure to improve your speed training with other competitive runners.

## **Running and Athletics**

### **Circuits**

**Wednesdays 17.30 Rubix**

Circuits - Every Wednesday we turn the Rubix dance floor into exercise stations with equipment and mats provided. We run sessions to help improve fitness and strengthen muscles targeted to help running.

## **Running and Athletics**

### **Parkrun**

**Saturdays 9.00 Stoke Park**

With the local parkrun happening just a stones throw away in Stoke Park, there's often a nice group of students that roll out of bed to attend each week.

## **Running and Athletics**

### **Hill Session**

**Sundays 18.30 Outside Simply Fresh**

Hill session - With good locations such as the Cathedral Hill (depending on abilities and light), the aim of this session is to improve running performance with drills and hills available for anyone to join.